



Today I will...
Sweet Tweet a fave recipe



<http://AHealthyKitchen.com>



Today I will...
Eat lunch in the park



<http://AHealthyKitchen.com>



Today I will...
Visit a neighbor



<http://AHealthyKitchen.com>



Today I will...
Do a random act of kindness



<http://AHealthyKitchen.com>



Today I will...
Pamper myself



<http://AHealthyKitchen.com>



Today I will...
Tweet a recipe/tip from AHealthyKitchen.com



<http://AHealthyKitchen.com>



Today I will...
Shop at the Farmers Market



<http://AHealthyKitchen.com>



Today I will...
Plant an herb garden



<http://AHealthyKitchen.com>